

# Wedgwood Pool News

Volume 44.4

June 2007

## THE POOL IS OPEN!

We have good news. Rob and his team have been working hard, the pool temp has come up nicely, and the pool is now open. We still have some work to wrap up related to the south wall construction project, but we are ready to start having fun!

Catch the latest news on the pool web site at: [www.wwpool.org](http://www.wwpool.org).

### From the Manager

Wool sweaters and Gortex were standard wear on opening day and even with the cold and rain it was wonderful to finally have the pool open! Hurrah!

It was a huge relief to have nearly everything on my end go smoothly so that we were able to get the pool open after less than three days of having the power restored. While there are plenty of things on my punch list that still need to be done, the good news is that the things we needed to work, worked when we needed them to work. Needless to say the last couple weeks have been unlike any I've had here as Manager. I'm ready to go back to a more normal start up that's for sure!

As the "pool toe" reappears on the kids' toes and we all slide back into our pool routines, please take the time to review the short list of rules, the code of conduct and the guest policy in this newsletter.

Enjoy the water! See you at the pool!

- Raab, Pool Manager

### Landscape Committee

Thanks to everyone who participated in the two Spring work parties. The grounds and south wall area look great! If you missed the work parties and would still like to do a landscape project, let me know and I'm certain we can find a good task for you. You can give me a call at 915-1431.

- Pat Corr, Landscape Committee Chair



### From the Coach

I would like to welcome you all to the 2007 edition of the Wedgwood Swim Team. As a third-year head coach and seven-year member of the coaching staff here at Wedgwood, I am always looking to improve upon previous years' goals and successes. In recent years, I have tried to focus on more of a 'team' dynamic that immerses the swimmers in much more of a group mentality than the individuality that the sport of swimming is prone to producing. Being a part of this team since 1986, a part of this community since my birth in 1981, and belonging to a family that became members in the early '70s, gives me a great vantage point to appreciate the benefits this team can provide to its members and the community as a whole. I take exceptional pride in this team and the swimmers, past and present, who make up this squad. We will continue to make teamwork, sportsmanship, improvement and fun our main priorities and will focus our time and energy on making this summer a positive and beneficial experience for your youngsters on the swim team.

I am very excited to add Jill Kripps to this year's coaching staff. She is a graduate of the Wedgwood Swim Team and has just finished four years as a swimmer at Arizona State University. She will add a new perspective and great technical support to my already first-class group of assistant coaches. Along with Robbie and Mike, she will provide an incredible environment for your children to grow and learn as swimmers and as competitors. Former coach, Katie Hathaway, is now working with the Peace Corps. We are forever indebted to her for the years of teaching and mentoring she provided to the Wedgwood Pool community... we all wish her the best of luck in her endeavors.

I am thrilled to begin another great season with you all and am looking forward another great summer.

- Mat Miller, Swim Team Coach

## 2007 Directory Cover Contest

It's time for the Directory Cover contest! The winners will have their entries printed on the front and back cover of the 2007 WW Pool Membership Directory. This year's theme is "Summer Fun at Wedgwood." Kids between the ages of 5-18 are eligible to enter.

To enter:

- Take an 8 ½" by 11" sheet of blank white paper and fold it in half the hamburger way and draw on one side of the paper (the entry will be 8 ½" by 5");
- Use black ink and white paper;
- Include the words: "Wedgwood Swim Pool Directory" and "2007" in your design;
- Write your name & age on the back; and,
- Hand in your entry to the pool office by Sunday, June 17<sup>th</sup>.

If you have questions please contact Janet Cairns at: [cairns7@integrity.com](mailto:cairns7@integrity.com)

## Wedgwood Adult Swimmers Compete at Masters' Nationals

B-Champs, Prelims, Northerns, All-City... many of us support our kids, and their efforts to qualify and compete in these elite meets. A few among us have the guts, and the right stuff, to compete at an even higher level as adults. On the weekend of May 17-20<sup>th</sup>, several members of the Wedgwood adult swim team ventured to Federal Way to compete in the U.S. Masters Short Course National Championships. Thanks to Robin Hall for helping as a meet volunteer, not to mention counting and cheering for Wedgwood swimmers. Go to the USMS website for more information or specific results: [www.usms.org](http://www.usms.org).

Wedgwood was proudly represented by:

- Jan Kavadas
- Hugh Kimball
- Martha Layzer
- Mary Lippold
- Dave Newton

Which swimmer won events in their age group? Who false started and wasn't able to compete in an event? Who swam in a relay? As with our children, each meet has lots of great stories. If you see these swimmers, please congratulate them for their hard work, and ask for their story; it may change the way you look at your own swimming this summer. You might not be ready to travel to Austin for Nationals next year, but with a few tips provided by our adult swim team coaches, you might be ready the next time Nationals returns to Federal Way!

## Adult Swim Team

Swimmers ages 19-99 of all abilities are welcome to join us Monday and Wednesday evenings from 8-9pm beginning Monday, June 25<sup>th</sup> (no workout on Wednesday, July 4<sup>th</sup>). Whether you want stroke advice, a good workout, or just want to hang with some awesome people, this is the place to be on a summer evening. The season will end with an optional adult swim meet on Saturday morning, August 4<sup>th</sup> at Sheridan Beach and our own end of season potluck celebration (probably on 8/4 or 8/5). It is a lot of fun and your efforts will be appreciated by all involved. Coaches Fosberg and Lippold return to provide poolside advice. We are looking for a substitute volunteer coach for July 9-30<sup>th</sup>.

If you are interested or have questions, please contact: Mary Lippold 365-8805, [mandrlippold@comcast.net](mailto:mandrlippold@comcast.net)  
Karin Fosberg 524-2941, [majeau@hotmail.com](mailto:majeau@hotmail.com).

## Guest Policy

- Each family will be allowed 20 guest visits over the summer at \$3 per guest. A member must be with the guest at all times.
- Guest fees prepaid and not used will carry over the following season. They will, however, count toward the current season's 20 swims. Member families past the 20 visit limit will pay \$5 a visit per guest.
- House guests and boarders count once against the guest limit and are able to use the pool after that without charge. They need not be accompanied by a member. These cases must be registered in the office. House guests with a local regular residence must be cleared by the board.
- Birthday parties/group gatherings should be arranged through the manager/assistant manager. These larger groups are discouraged during the weekends. The charge is \$3 per swimmer. These swimmers do not count against the limit. Party limit is 12 swimmers.
- Non members "sneaking in" will not be allowed to enter for the remainder of the summer. Any member judged to be an accomplice in such a situation will be suspended for a period of time determined by the manager.
- Baby-sitters can register in the office. They will be allowed in without fee while accompanying the member children.
- Non members baby-sat by a member are treated as any other guest.
- Members are responsible to help their guests learn and follow Wedgwood Swim Pool Rules.

## Wegdwood Pool Code of Conduct

Patrons at Wedgwood Swim Pool are expected to:

- Show respect for other patrons and staff.
- Show respect and care for property.
- Act in a non-violent and non-threatening manner.
- Maintain the safety of themselves, other patrons, and the staff.
- Allow the staff to perform their duties and maintain a safe environment.

The pool managers have the authority to penalize patrons who willfully violate this code. Penalties may include warnings or temporary suspension of pool privileges. Serious or repeated violations may result in consideration by the pool Board for longer-term suspension of pool privileges or termination of membership. For further information refer to the Bylaws found on the pool website.

## Pool Rules

The following rules have been established for the benefit of all members. Your cooperation in abiding by these regulations is expected for the safety and peace of mind of all members. The staff has the authority to enforce all rules and may restrict any activity they consider to be unsafe; they may forbid anyone from entering the pool and may order anyone to leave the pool.

- All swimmers must take a shower before entering the pool. *Showers are also required after sunbathing or leaving the pool area to remove lotions, grass, perspiration, etc.*
- Remove all bandages, hairpins and other items likely to fall off, before entering the pool.
- People in "street clothes," shoes or eating food or drinking beverages must remain behind the ropes;
- No glass (or other breakable or sharp objects) are allowed in the pool area or building.
- Sunbathing and/or the use of lawn furniture is limited to designated areas behind the ropes.
- Always walk (on the deck *and* on the grass).
- No "horse-play" in or out of the water. This includes riding on shoulders or unsafe stunts from the side of the pool.
- Talk to guards only when necessary.
- No cut-off jeans allowed in the pool.
- Smoking is prohibited in the pool area (includes chewing tobacco).
- Toys and balls must be approved by the staff. Toys will be limited to use by very young children in the wading area. The staff has the right to restrict games and the use of equipment to time and place.

- No alcoholic beverages are allowed in the pool area (except for special adult membership functions authorized by the Board).
- Non-swimmers, under the age of 10, who cannot swim the length of the pool will not be admitted unless accompanied by a competent member of the family or responsible baby-sitter (14 or over). These children must be attended at all times while in any portion of the pool.
- Valuables may be checked at the pool office. Wedgwood Pool or staff is not responsible for items left in the dressing rooms.
- The office telephone is for emergency calls and official business. Outgoing calls will be limited to one minute. Messages for patrons will be written on the white board placed in the back window of the office.
- Early morning swimmers must be 18 or over, except for those teenagers with full-time jobs (such cases must be cleared by the manger).
- Lap lane swimmers must be at least 16, unless the guard gives permission. Lap swimmers should observe the following common lap lane courtesies: swim in a circle (down the right side), leave room at the end of the lane for turning swimmers, allow faster swimmers to pass, keep your strokes narrow so as not to disturb any oncoming swimmers.
- Proper and safe behavior is expected in the dressing rooms. Property broken or damaged by a member or guest shall be promptly paid for by the member or guest.
- Kick boards are typically allowed only in the lap lane, but may be used by *adult supervised* children with the guard's permission.
- In the 2-foot area, jumping is only allowed off the gutter.
- Patrons may only jump straight off the side of the pool while facing forwards (no somersaults, twists, or jumping off backwards).
- Cell phone use in the locker rooms is prohibited (due to existence of camera-phones).




## Wanted

Have an old desktop PC wireless card collecting dust? If so, the swim team can put it to use. We could streamline the preparation of meet entries and the posting of results if we networked the swim team PC into the pool's network. If you have a card you would be willing to donate (it does not have to be a fast one) please contact Kevin Majeau (majeau@hotmail.com) or drop it by the office. Thank you!

# Wedgwood Pool - June 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<ul style="list-style-type: none"> <li>Early Morning Lap Swim (EMLS) begins Monday, June 4<sup>th</sup></li> <li>Family Swim will begin on Monday, June 25<sup>th</sup>. Swimmers under 16 must be accompanied by an adult family member, M-F, 5:30-7pm.</li> <li>Teen Swim will begin on Monday, June 25<sup>th</sup>. Teens can bring up to three guests for \$1 each and they will not count against the allotment, M-F, 7pm.</li> </ul>					1 12-8	2 12-8 New Member meeting 1-2pm  Opening Day BBQ 1:30-4pm
3 12-7 Anything Goes 12-2pm	4 3-7 EMLS starts 6-7am	5 3-7	6 3-7 Team Fitting and Suit Sale 5:30-8pm	7 3-7	8 3-8	9 12-8 Coaches' Mini Clinic TBD
10 12-7	11 3-7	12 3-7	13 3-7	14 3-7	15 3-8	16 12-8 Time Trials 9am
17 12-7 Anything Goes 12-2pm	18 3-7	19 3-7	20 3-7 Member Lesson Registration 6pm	21 3-4 Lap swim only 3-4pm. Wedg vs Wood 6pm  <u>Pool closes at 4pm</u>	22 3-10 Family Fun Float (No lap lanes) 8-10pm	23 12-9
24 12-9	25 1-9 Lessons & am workouts begin.  Adult Team  <u>Deep end closes at 8pm</u>	26 1-9 Away Meet: Aqua Club	27 1-9  Adult Team  <u>Deep end closes at 8pm</u>	28 1-4 Home Meet: Sandpoint  Picture Day  <u>Pool closes at 4pm</u>	29 1-9	30 12-9 Swim Team Overnighter

# Wedgwood Pool - July 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 12-9	<b>2</b> 1-9  Adult Team  <u>Deep end</u> closes at 8pm	<b>3</b> 1-9	<b>4</b> 12-9  No EMLS, Team or Lessons  Family 4 <sup>th</sup> Activities 3-5pm	<b>5</b> 1-9  All Team Fun Day	<b>6</b> 1-9	<b>7</b> 12-9
<b>8</b> 12-9 Anything Goes 12-2pm	<b>9</b> 1-9  Adult Team  <u>Deep end</u> closes at 8pm	<b>10</b> 1-4  Home Meet: Sheridan Beach  <u>Pool</u> closes at 4pm	<b>11</b> 1-9  Adult Team  <u>Deep end</u> closes at 8pm	<b>12</b> 1-9  Away Meet: Klahaya	<b>13</b> 1-10  Family Fun Float (No lap lanes) 8-10pm	<b>14</b> 12-9
<b>15</b> 12-9	<b>16</b> 1-9  Adult Team  <u>Deep end</u> closes at 8pm	<b>17</b> 1-4  Home Meet: Blue Ridge  <u>Pool</u> closes at 4pm	<b>18</b> 1-9  Adult Team  <u>Deep end</u> closes at 8pm	<b>19</b> 1-9  Away Meet: View Ridge	<b>20</b> 1-9  All Team Fun Day	<b>21</b> 12-10  Cake Bake
<b>22</b> 12-9 Anything Goes 12-2pm	<b>23</b> 1-9  Adult Team  <u>Deep end</u> closes at 8pm	<b>24</b> 1-4  Home Meet: Innis Arden  <u>Pool</u> closes at 4pm	<b>25</b> 1-9  Adult Team  <u>Deep end</u> closes at 8pm	<b>26</b> 1-9	<b>27</b> 1-10  B-Champs: Klahaya 9am.  Family Fun Float (No lap lanes) 8-10pm	<b>28</b> 12-9  Coaches' Mini Clinic TBD
<b>29</b> 12-9 Practice for Prelim Qualifiers	<b>30</b> 1-9  Girls' Prelims: Innis Arden 4pm  Adult Team  <u>Deep end</u> closes at 8pm	<b>31</b> 1-9  Boys' Prelims: Blue Ridge 4pm				

Wedgwood Swim Pool Incorporated  
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Visit Wedgwood Pool  
on the web  
at  
<http://www.wwpool.org>

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